



## Stay Safe During Spring Recess

Spring Recess begins **Monday, March 29**. With the weather warming up and more parents and grandparents getting vaccinated, you might be considering traveling. Travel is not a good idea because COVID-19 is still a serious risk and puts you, your family, and your community at risk of getting and spreading the virus. The federal Centers for Disease Control and Prevention **is urging all of us to avoid leaving town.**

Please help stop the spread of COVID-19 and do not travel. If you must travel, remember these COVID-19 prevention tips:

- Keep distance from others, bring and use hand sanitizer, and make sure everyone over age two wears a face covering.
- Consider staying at a hotel rather than at someone's home. If you have out-of-town guests, suggest they do the same.
- Pick activities that allow you to safely keep distance from others. Avoid large crowds, especially indoors.
- If you are going to spend time with people who are not members of your household, outdoors is safer, as COVID-19 spreads easier indoors. Get together in parks, at the beach, or in the backyard, or meet up for outdoor dining.

Please be aware that visitors and returning New Yorkers may be required to quarantine upon entering New York. For more information, see the New York State COVID-19 Travel Advisory at [coronavirus.health.ny.gov/covid-19-travel-advisory](https://coronavirus.health.ny.gov/covid-19-travel-advisory).

If you travel, when you return home to New York City it is extremely important to:

- monitor for COVID-19 symptoms;
- get tested;
- strictly follow COVID-19 prevention measures such as wearing a face covering whenever around other people and maintaining six feet of distance from others; and
- immediately isolate if you feel unwell or test positive for COVID-19.

We hope you enjoy Spring Recess and the many safe, fun activities you can find right here at home. Together, we can stop the spread of COVID-19 in our communities.